



Comprehensive Analysis of Background Screening Impact on Employee Experience and Organizational Outcomes

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ABSTRACT

This comprehensive study examines the multifaceted impact of background checks on employee experience and organizational outcomes, with a particular focus on the implementation of a nationwide, standardized employment screening system. The research is guided by six interconnected themes: trust, transparency, fairness, diversity and inclusion, engagement, and retention. In the contemporary business landscape, background checks have transcended their traditional role as a mere formality, evolving into critical assets for enhancing employee satisfaction, organizational trust, and retention rates.

This review synthesizes a wide array of studies to analyze the complex interplay between background screening practices and employer-employee relationships. It establishes robust evidence for how fair, transparent, and reasonable background checks can significantly enhance organizational commitment and employee loyalty. The results underscore the critical importance of awareness and transparency in the background check process, highlighting how these factors foster trust and perceptions of fairness, ultimately leading to positive employee attitudes and improved organizational outcomes.

The study also delves into the potential adverse effects of excessive or biased background checks on workforce diversity, with a particular emphasis on historically marginalized groups and individuals with criminal records. It proposes that employers who embrace equality in the workplace and ensure that their background check processes are free from unlawful discrimination can cultivate and maintain a diverse, inclusive, and high-performing workforce. The implications for practice and research are far-reaching. To optimize employee experience and key outcomes such as organizational commitment, job satisfaction, and reduced turnover intention, employers must prioritize fairness, transparency, and inclusiveness in their background check

processes. The study identifies critical areas for further research, including sector-specific effects of background screening practices and the impact of emerging technologies and data privacy concerns on background check processes.

By reconceptualizing background checks as a strategic tool for building trust and enhancing employee commitment, rather than a mere compliance exercise, organizations can achieve superior outcomes across multiple dimensions of performance. This research provides a comprehensive framework for understanding and implementing effective background screening practices that balance organizational risk management with positive employee experiences.

Keywords

Background checks, employee experience, trust, transparency, fairness, diversity and inclusion, employee engagement, retention, ethical hiring practices, fair chance hiring, organizational trust, standardized employment screening, risk management, workplace safety.

I. Introduction

In an era of unprecedented global business competition and heightened security concerns, organizations are increasingly focused on minimizing risks and safeguarding against legal, financial, and reputational losses. Background checks have emerged as a cornerstone of this risk management strategy, serving as a critical tool for creating secure and productive employment environments. The scope of pre-employment screening has expanded significantly, typically encompassing criminal record checks, academic background verification, employment history confirmation, and in some cases, credit history reviews (Smith & Brown, 2021).

The evolution of background screening from a peripheral activity to an integral component of human resource management necessitates a



thorough examination of its impact on employee experience and organizational outcomes. This is particularly crucial as employee experience has been recognized as a key driver of organizational success. In this context, background checks serve multiple purposes: they help organizations mitigate the risk of negligent hiring, reduce the potential for fraud, and enhance overall organizational safety. However, the manner in which these checks are conducted—their flexibility, fairness, and transparency—can profoundly influence employees' perceptions of the organization, their level of trust in the employer, and their overall experience.

The concept of employee experience has gained significant traction in recent years, encompassing the totality of an individual's interactions, observations, and emotional responses within an organizational context. A positive employee experience is now widely acknowledged as a critical factor in effective human capital management, exerting a substantial influence on key metrics such as performance, motivation, and turnover rates (Jones & Miller, 2023).

Despite the clear benefits of pre-employment screening, the practice has given rise to a number of complex issues concerning its impact on employee morale, trust, and organizational culture. Some studies suggest that background checks, particularly when not conducted with sufficient transparency, can engender feelings of social alienation between workers and employers. This alienation often stems from employees feeling unduly scrutinized or unfairly judged based on past actions that they believe no longer define their character or capabilities (Gonzalez & Reed, 2020).

Moreover, there are growing concerns about the potential for background checks to negatively impact workplace diversity. Critics argue that overly stringent or inflexible background check policies can disproportionately affect certain demographic groups, potentially depriving qualified individuals of employment opportunities based solely on their criminal records or other historical factors (Walker, 2023). This raises important questions about the balance between organizational risk management and the principles of fairness and equal opportunity in employment.

The primary objective of this study is to conduct a comprehensive examination of the diverse effects of background checks on overall employee experience. Specifically, the research aims to elucidate the impact of background screening practices on critical factors such as employee trust, organizational commitment, turnover intentions, and perceived organizational justice. While the

importance of background checks in minimizing organizational risks is well-established, their nuanced impact on employee experience remains underexplored in the existing literature. This study seeks to address this gap by providing an in-depth investigation of the subject.

In the context of the proposed endeavor to implement a nationwide, standardized employment screening system, this research takes on added significance. Such a system has the potential to safeguard millions of American workers, bolster business integrity, and strengthen national economic security. However, its success will largely depend on how it is perceived and experienced by the workforce it aims to protect. Therefore, understanding the intricate relationship between background checks and employee experience is crucial for designing and implementing a system that achieves its security objectives while fostering positive organizational cultures.

Background checks, when properly implemented, represent a critical strategy that organizations can leverage to enhance employee experience, build trust, and cultivate a positive corporate culture. The consequences of failing to achieve these outcomes can be severe, potentially leading to employee disengagement, increased turnover, job alienation, and negative impacts on productivity and organizational profitability (Nguyen, 2021).

By conducting a thorough analysis of the impact of background checks on employees and presenting comprehensive results, this research aims to provide invaluable insights to human resource professionals, organizational managers, and policymakers. This information will be crucial for evaluating and refining hiring processes, particularly in relation to the effects of background checks on employees and how these might influence moral standards, trust levels, and overall organizational climate.

Furthermore, the rapid advancement of technologies, including new models of artificial intelligence being applied to background screening processes, underscores the urgent need for robust findings on the benefits and potential drawbacks of such techniques. While automated background checks offer the promise of increased efficiency and improved accuracy in the hiring procedure, they also raise significant ethical concerns, such as the potential for algorithmic bias that could result in the systematic exclusion of certain groups from employment opportunities (Baker and Chen, 2022).



Research Questions

To address these complex issues, this research is guided by the following key questions:

- How do background checks influence employee trust and morale in the workplace, and how can these effects be optimized in a standardized screening system?
- What are the long-term effects of background checks on employee retention and engagement, and how do these align with the goals of enhancing national economic security?
- To what extent do background checks contribute to perceptions of fairness or discrimination within the workplace, and how can a nationwide system address these concerns?
- How can organizations balance the need for rigorous background checks with the imperative of ensuring a positive employee experience and maintaining a diverse workforce?
- What role can advanced technologies play in enhancing the efficiency and fairness of background checks, and what are the potential risks and ethical considerations associated with their use?

As background checks continue to serve as a critical tool for minimizing risks to organizational and public value, a nuanced understanding of their differential impact on employee experience is essential. With organizations increasingly focusing on employee engagement and retention as key strategic priorities, comprehending how background checks influence trust, organizational morale, and perceptions of fairness has become more important than ever.

This study, therefore, aims to make a significant contribution to the current body of knowledge by presenting a comprehensive analysis of background screening's effects on organizational safety and compliance, as well as employee satisfaction and well-being. By doing so, it seeks to inform the development and implementation of a nationwide, standardized employment screening system that enhances workplace safety and national economic security while fostering positive employee experiences and organizational cultures.

II. Literature Review

In contemporary organizational practice, security screenings have become an integral component of the hiring process. These checks are conducted to safeguard the well-being of personnel, protect assets, and uphold the organizational reputation by verifying the credentials, criminal history, and various other pertinent characteristics of

potential hires. Recent scholarly discourse has highlighted the complexities surrounding the use of background checks, particularly their implications for employee experience. This literature review synthesizes conceptual, theoretical, and empirical studies published within the last 5 to 10 years, examining how background checks influence trust, engagement, and overall job satisfaction among existing employees.

2.1 Conceptual Review

Background checks have become an integral part of the hiring process across various industries. Smith & Brown (2021) define a background check as the process of investigating an applicant's history, credentials, and other relevant facts to determine their eligibility for employment. These checks typically encompass a range of elements, including employment history verification, academic record confirmation, criminal history checks, credit reports, and in some cases, an examination of social media conduct.

The primary motivation for employers to conduct background checks is risk management. Williams (2022) argues that background checks serve as a critical tool for organizations to mitigate various risks, including potential legal liabilities, financial losses due to embezzlement or fraud, workplace violence, and misuse of company resources. However, the impact of background checks extends beyond mere risk mitigation, significantly influencing the employee experience in both positive and negative ways.

On the positive side, thorough background checks can enhance workplace safety and security, fostering a sense of trust among employees who feel assured that their colleagues have been properly vetted. Conversely, Walker (2023) points out that overly invasive or biased background checks can induce feelings of mistrust and discrimination, particularly when applicants perceive the process as undeserved or irrelevant to their suitability for the position.

The concept of employee experience, as defined by Jones & Miller (2023), encompasses the entirety of an individual's perceptions and interactions with an organization from the point of recruitment through to exit. Given that background checks often form part of the initial onboarding process, understanding their impact on employee experience is crucial for developing more effective and equitable hiring practices.



2.2 Theoretical Review

Several theoretical frameworks provide valuable insights into the relationship between background checks and employee experience:

Social Exchange Theory (SET): This theory, as applied by Gonzalez & Reed (2020), posits that relationships between individuals and organizations are based on reciprocal exchanges. In the context of background checks, employees contribute their personal information and submit to scrutiny in exchange for job opportunities and organizational trust. The fairness and transparency of the background check process can significantly influence this exchange, affecting employees' perceptions of organizational justice and their subsequent levels of commitment and engagement.

Equity Theory: Adams' Equity Theory focuses on employees' perceptions of fairness in their relationship with the organization. Walker (2023) applies this theory to background checks, arguing that when screening processes are perceived as discriminatory or disproportionate to job requirements, it can lead to feelings of inequity among employees, potentially reducing motivation and engagement.

Human Capital Theory: Becker's Human Capital Theory, as discussed by Smith & Brown (2021), views investments in employees' knowledge, skills, and abilities as crucial for improving organizational productivity and performance. Background checks can be seen as a means of protecting these investments by ensuring the quality and integrity of new hires. However, overly stringent checks may also act as a barrier to attracting talented individuals, potentially limiting an organization's ability to optimize its human capital.

2.3 Empirical Review

Recent empirical studies have shed light on the complex relationships between background checks and various aspects of employee experience:

Trust and Transparency: Gonzalez & Reed (2020) found that when background checks are clearly explained and directly relevant to job duties, employees tend to develop higher levels of organizational trust. Conversely, Williams (2022) reported that when checks are perceived as excessive or intrusive (e.g., using personal credit scores for positions not involving financial responsibilities), employees may feel violated, leading to increased turnover intentions.

Engagement and Retention: Jones & Miller (2023) demonstrated that organizations with transparent and job-relevant background check processes

experience higher levels of employee commitment, driven by perceptions of organizational fairness and ethicality. However, Walker (2023) found that companies conducting blanket background checks or disqualifying candidates based on minor offenses tend to have lower employee retention rates, particularly among marginalized groups.

Diversity and Inclusion: Several studies, including Baker & Chen (2022), have documented that criminal background checks can disproportionately affect racial minorities, potentially widening employment disparities. Walker (2023) found that companies heavily relying on criminal background checks unrelated to specific job requirements tend to exclude a significant number of minority applicants, hampering diversity and inclusion efforts.

Technological Advancements: Baker & Chen (2022) explored the implications of AI-facilitated background checks, noting their potential to enhance efficiency and reduce human bias. However, they also cautioned that AI systems, if not carefully designed and monitored, could perpetuate or even exacerbate existing biases in hiring processes.

This literature review underscores the complex interplay between background checks and employee experience. While background checks are essential for organizational safety and compliance, their implementation can significantly impact employee attitudes, engagement, and retention. The theoretical frameworks and empirical evidence presented here highlight the need for organizations to carefully balance security requirements with fairness, transparency, and respect for employee rights when designing and implementing background check processes.

III. Methodology

Methodologically, the resources included in the present paper are peer-reviewed articles, empirical studies, and theoretical papers published in the period from 2013 to 2023.

This research adopted a systematic review to establish results on the impacts of background checks and the experience of employees. The literature search was conducted across several major databases, including:

- Google Scholar
- ProQuest
- JSTOR
- ScienceDirect
- SAGE Journals

Search terms included "background checks," "employee experience," "trust in hiring," "fairness of



background checks," "bias in background screening," and "diversity in hiring processes. The search was therefore filtered using Boolean operators including 'AND', 'OR,' and 'NOT' to enhance the search and coverage of the topic.

3.1 Selection Criteria

To maintain the relevance and quality of the review, specific inclusion and exclusion criteria were applied:

Inclusion Criteria:

- Original research articles only, published in Scopus-indexed peer-reviewed journals within the period 2013 to 2023.
- Research carried out in workplaces, companies and corporations where rejection of candidates based on their criminal records is conducted before employing them.
- Primary studies directly compare the correlation between background checks and factors such as trust, fairness, engagement and retention.
- Literature that looks at the effectiveness of background check policies for discriminated groups such as race, gender and criminal record, as well as economic status.

3.2 Exclusion Criteria:

- Newspaper articles, blogs, articles in news magazines, editorials, and opinions of experts and laymen.
- Extensive research involving subjects related strictly to legal or compliance concerns surrounding background checks with no attention paid to the end user, the employee.
- Full papers in other languages, or where the relevant section is in a language other than English, or papers related to industries other than the one where the background check methodology is implemented differently (for example, the criminal justice system).

3.3 Research Design

This study employed a systematic review methodology to synthesize and analyze existing research on the impacts of background checks on employee experience. The systematic review approach was chosen for its ability to provide a comprehensive, unbiased summary of the current state of knowledge in the field, allowing for the identification of trends, gaps, and areas for future research.

Data Extraction and Synthesis

Once the relevant articles were identified, they were systematically reviewed and coded according to key themes, including:

Impact of Background Checks on Trust: Research that has examined the effects of background checks on employee perceptions of their organization, as well as the hiring process.

Fairness and Transparency: Articles that portray the experiences of employees on the issues to do with fairness, relevance, and transparency of background checks

Diversity and Inclusion: Prior research studies on how background checks influence employment decisions concerning racial backgrounds, those with a criminal history, or those from low-income backgrounds. Employee Engagement and Retention: Research papers that assessed the correlation between background checks and outcomes such as; employee engagement and retention.

Theoretical frameworks included in the review were also recognized: Social Exchange Theory concerning the influence of background checks on the relational contract between the employer and the employee, and Organizational Justice Theory, which refers to perceptions of fairness in organizational practices.

Each study was critically appraised based on its:

Methodological rigour: Regardless of the research type, the quality of the research design, including the sampling method and analysis was evaluated.

Relevance to the research questions: Research focusing on the effect of background checks on employee experience was considered first.

Bias and limitations: The authors pointed out any self-limited aspects concerning the sample size, sample scope, or potential bias and then incorporated the cautionary measures while integrating the results.

From each of the studies considered, pertinent information was distilled, after which the data was integrated to come up with the global characteristics, gaps, and inconsistencies in the considered literature. This indicated that much attention was paid to those works which provided mixed findings, especially to the equity of the background check process and its effects on diversity and inclusion.

The synthesis was cross-sectional and based on narrative flow where themes discussed included trust, fairness, and employee engagement, as well as critiquing how various studies offer similar or



different perspectives. Furthermore, the following research directions were brought out part as a result of disparities noted during the review.

3.4 Data Analysis

The selected articles were systematically reviewed and coded according to key themes:

1. Impact of Background Checks on Trust
2. Fairness and Transparency in Background Check Processes
3. Effects on Diversity and Inclusion
4. Influence on Employee Engagement and Retention
5. Technological Advancements in Background Screening

Each study was critically appraised based on its methodological rigor, relevance to the research questions, and potential biases or limitations. The synthesis process involved integrating findings across studies to identify overarching themes, patterns, and contradictions in the literature.

3.5 Ethical Considerations

Although this study did not involve direct human participants, ethical considerations were still paramount. Care was taken to accurately represent the findings of all included studies, avoid bias in the selection and interpretation of research, and

maintain the integrity of the original authors' work through proper citation and attribution.

IV. Results

The systematic review of literature on background checks and their impact on employee experience yielded several key findings across the identified themes:

- Trust and Transparency in the Hiring Process
- Fairness and Perceptions of Background Checks
- Impact on Diversity and Inclusion
- Effects on Employee Engagement and Retention

1. Trust and Transparency in the Hiring Process

This aspect is one of the main objectives of undertaking background checks where the amount of trust between the employer and the employee is usually an issue of concern, especially about how obscured the process of the background check is. Policies such as background checks play an important role in employee experience, and satisfaction. In one study, the authors wrote that such measures can either enhance or erode trust in the course of their enforcement.

| Study | Key Findings | Implications |
|------------------------|--|--|
| Anderson & Katz (2021) | Found that employees who perceive background checks as transparent and relevant to the job are more likely to trust their employers. | Background checks should be job-specific and transparently communicated to candidates. |
| Williams (2022) | Lack of transparency in conducting background checks can erode trust, especially when employees feel that the checks are unnecessarily invasive or irrelevant. | Employers should explain the rationale behind background checks to foster trust. |
| Garrison (2020) | Trust increases when candidates have the opportunity to explain negative findings, such as criminal records, rather than being automatically disqualified. | Incorporating a review process for flagged candidates can increase perceived fairness and trust. |

In summing up, the literature also supports the notion that other actors require the background check process to be made transparent. When employees are fully informed of how relevance and purpose of conducting background checks is necessary, it will surely enhance their perception towards that particular organization.

2. Fairness and Perceptions of Background Checks

Background checks must also be fair to maintain the perceived organizational fairness which in return will make the employees feel valued and respected. Several works show that perceived fairness affects not only perceptions of hiring but also job satisfaction and organisational commitment. There



is evidence that how well background checks are done correlates with the citizens' perceptions of fairness.

| Study | Key Findings | Implications |
|-------------------------|---|--|
| Hernandez et al. (2020) | Perceived fairness is strongly linked to how relevant and objective background checks are to the specific job role. | Employers should ensure background checks are job-relevant and based on objective criteria. |
| Smith & Johnson (2019) | Employees who perceive background checks as biased or discriminatory are more likely to disengage and develop negative attitudes toward their employer. | Avoiding discriminatory practices, particularly regarding race and socioeconomic status, is critical for fostering fairness. |
| Lee & Cooper (2021) | Organizations that clearly communicate how background checks are used to assess candidates experience higher levels of employee satisfaction with the hiring process. | Clear communication regarding the criteria and purpose of background checks reduces perceptions of unfairness. |

Organizational offerings which have been found to enhance employees' perceptions of background check policies include relevance of the checks, clarity of the check system, and lack of discriminative features.

The impact of the background check on diversity and inclusion is one of the popular areas of discussion in the literature. Criticism has been rising as to whether background checks harm equal employment opportunity to the extent that they can stigmatize those with felony pasts and uphold bias in hiring.

3. Impact on Diversity and Inclusion

| Study | Key Findings | Implications |
|--------------------------|---|--|
| Davis et al. (2022) | Found that background checks disproportionately affect minority candidates, particularly Black and Hispanic individuals, due to higher rates of criminal record flagging. | Background checks should be carefully designed to prevent discrimination against marginalized groups. |
| Patel & Green (2021) | Discriminatory practices in background checks can limit diversity in the workforce, particularly for candidates from lower socioeconomic backgrounds. | Employers should implement fair chance policies to improve diversity and inclusiveness. |
| Roberts & Manning (2020) | Organizations that avoid automatic disqualification for criminal records reported better diversity and inclusion outcomes. | Adopting policies that give candidates the opportunity to explain past criminal behavior enhances inclusion. |

The literature highlights the need for organizations to ensure that their background check policies do not perpetuate biases, especially against marginalized groups. Fair chance hiring practices can contribute to more inclusive work environments.

4. Effects on Employee Engagement and Retention

Background checks also have a significant impact on long-term employee engagement and retention. How employees perceive the background check process during hiring can influence their commitment to the organization and their overall job satisfaction.



| Study | Key Findings | Implications |
|------------------------|---|--|
| Harris & Brown (2021) | Employees who perceive the background check process as fair and transparent are more likely to report higher levels of engagement and loyalty to the organization. | Fair and transparent background check processes can improve employee engagement and reduce turnover. |
| Robinson et al. (2020) | Negative perceptions of the background check process can result in higher turnover rates, particularly when employees feel the process was biased or overly invasive. | Employers should aim to create a positive onboarding experience, starting with a fair and respectful background check process. |
| Walker & Hughes (2021) | Organizations that use background checks as part of a broader, fairer assessment of candidates tend to have higher employee retention rates. | Integrating background checks with a holistic assessment of candidates fosters engagement and increases retention. |

The reviewed literature consistently shows that a fair and respectful background check process contributes to greater employee satisfaction and engagement, which in turn leads to lower turnover rates.

Summary of Thematic Findings

| Theme | Key Findings |
|-----------------------------------|--|
| Trust and Transparency | Trust increases when background checks are job-relevant and transparent, but erodes when the process is viewed as invasive or irrelevant. |
| Fairness and Perceptions | Fairness in background checks is essential for maintaining positive employee perceptions. Discriminatory or biased checks negatively affect employee engagement and retention. |
| Impact on Diversity and Inclusion | Background checks disproportionately affect marginalized groups, especially those with criminal records, but fair chance policies improve diversity and inclusion. |
| Employee Engagement and Retention | A transparent, fair background check process contributes to higher employee engagement and lower turnover, while negative perceptions lead to disengagement and turnover. |

V. Discussion of Results

Through thematic analysis, four key themes emerged—Trust and Transparency in the Hiring Process, Fairness and Perceptions of Background Checks, Impact on Diversity and Inclusion, and Effects on Employee Engagement and Retention. These themes align with findings from previous research, reinforcing and expanding our understanding of how background checks influence the workforce.

This study indicates that background checks also have an important influence on employee experience, within the thematic areas of trust, fairness, and diversity, as well as engagement. While background checks are essential to help protect organizational security and image, how it is conducted impacts positively or negatively on the employees. Some of the suggestions which may be adopted are the use of fair chance policies in recruiting experienced workers, making

communication about background checks as open as is reasonably possible, and where applicable, using background information that has a high index of relevance to the positions applied for. The findings suggest that, for organizations to achieve exemplary optimal levels of security and fairness when it comes to the experience, trust and engagement of their employees, these two factors must be taken into account.

1. Trust and Transparency in the Hiring Process

According to the thematic analysis of the data, it identifies that trust and transparency are the relevant components of the background check. Employer and employee trust affects perceptions of the organization, the selection process and position within the company to a great extent. Anderson and Katz (2021) and Williams (2022:34) have proved the same showing that when background checks are done openly, and the candidates are told that their



information will be used for what they are being hired for, trust in the firm improves. This fact is in line with existing research studies that have concluded trust to be important as a retention and engagement relevant attribute among the workforce. Likewise, McCauley (2020: 2677) noted that an analogous effect occurs because employees perceive that background checks are nontransparent when making use of personal data inappropriately or unnecessarily. The above observation tallies with the analysis done whereby trust is narrowed whenever employees feel that the information demanded constitutes a background check or is irrelevant to their job positions. Once more, the theme of transparency is underlined, as it can help make background checks as popular as possible. This means that trust in the workplace has been found to elicit overall organizational commitment as well as employee morale.

Brewer (2019) notes that highly transparent hiring practices about how different backgrounds are checked will increase fulfilment in commitment. This concurs with the observation by Garrison (2020) that candidates consider it helpful to be allowed to defend what may be adverse entries in their background checks including petty criminal records. The opportunity to discuss these issues also strengthens trust and gives a sense of justice and respect in the formation of the hiring process as a component of employee experience. Collectively, these findings support the idea highlighted at the beginning of this section that the perceived favorability of background screening is best served when it is viewed as transparent and trustworthy and that employers must work to keep these aspects intact as they establish job-relevant procedures.

2. Fairness and Perceptions of Background Checks

Organizations carry out background checks to ensure fairness and meet their employees' perceptions towards the activity. The last theme that was identified in understanding the menial background checks and their effects on employees is fairness. The literature reviewed continues to reveal that the perceived fairness in the hiring process – especially in background checks – influences the engagement trust and overall experience of the employees. This is in consonant with Smith & Johnson, (2019) who posited that perceived fairness has a direct correlation with the extent to which the background check process is job-relevant and objective. In particular, the question of fairness can be directly linked to how background checks are disproportionate based on the applicants. In their

study, Hernandez et al. (2020) discovered that employees' perception of the hiring process would be fair, if background check were equally applied and pertinent to the job position. This is consistent with the global discourse of procedural justice, whereby the perception of employees that decision-making processes for example, hiring affects their impression of the organization is highly determined by fairness (Colquitt et al., 2001).

Our findings also suggest that if the employee perceives background checks as biased or discriminative then the employees withdraw from work and develop negative organizational attitudes towards the employer. To this end, this finding is supported by Smith & Johnson (2019) and Lee & Cooper (2021) who have found that when employees perceive bias during background screening processes which relates to things like race, gender or, economic status, the employees develop low organizations' employer report. They should therefore ensure that their background checks are for business purposes and not discriminative against the candidates. Adams (2021) also agrees that background checks should be fair in the sense that candidates should be hired according to the qualities needed for the job and not rejected just because of their ethnicity. Our thematic analysis also supports the hypothesis: when the threat of employees' low perceived fairness arises due to immigration profiling and negative selection indicators such as background checks which they consider unnecessary or too rigorous, the employees reduce their trust and engagement. Therefore, work history information and, consequently, the disclosure of all background check measures represent the special ideas that should be stressed. It is a challenge since employers have a couple of fair lenses through which they look at past criminal history and other information while seeking to avoid declining employee goodwill in the organization overall since the systems implemented should line up with the qualifications and character needed for the job in question.

3. Impact on Diversity and Inclusion

The role of background screening on diversity and diversity has been a concern in the practice and research arena. From the results of our interviews and the code of the messages that reflect the main topics, it can be concluded that background checks hurt the opportunities of candidates with a criminal background. Davis et al., (2022) & Patel & Green, (2021) found that minorities were at more risk than whites because they have higher crime rates because of race stereotypes. These outcomes are consistent with other patterns of criminal justice



disparities and their attendant implications for employment opportunities. This result is especially important, especially given the ongoing efforts to ensure diversity and inclusion in employers' organizations. According to Roberts as cited by Manning, (2020), employers who do not disqualify all applicants with criminal records also have improved diversity. The premise is justified by our study's results, as fair chance hiring policies open a range of opportunities for minorities and promote diversity and inclusion within the workplace even while addressing their criminal records. Moreover, there are several works including Holzer et al (2007) and Pager (2003) that proved that the extra candidates with criminal records are discriminated against are exposed to the "employment discrimination" disproportionate effect on people of color. Thus, diversity and inclusion are not only concepts that are aimed at minimizing the impact of adverse effects of using background checks. It also refers to the practice of making each employee, irrespective of race, gender or color, feel and be welcome at the workplace. Our paper study reveals that the kindergarten write-up analysis organizations with efficacious background check policies where candidates are allowed to explain their backgrounds, or provided opportunity for exceptions have more engaged and satisfied employees. This conclusion is in the same vein as Davis et al. (2022) who presented that equal hiring policies assist in the achievement of a diverse work environment in order to eliminate past employment disparities.

4. Effects on Employee Engagement and Retention

From our thematic analysis, we find out that criminal background checks are instrumental in shaping organizational employee engagement and stability. The study by Harris & Brown (2021) underscored that where employees receive the background check process as fair and transparent, they will have higher levels of organizational engagement as well as identification with the organization.

We can support this conclusion through our analysis of the data where the main aspects influencing employee perceptions were identified as fairness and transparency. Additionally, the study showed that; It was established that establishing a negative attitude towards the background check process, which might have been perceived as biased, intrusive or lacking in sufficient information leads to high turnover rates. Robinson et al. (2020) identified that those who reported negatively about the background check process were more likely to

turnover within the organization after one year of joining the company. This is in support of Allen et al. (2003) who note that organizational hiring procedures such as background checks are significantly related to organizational fairness and consequently employee retention.

Walker & Hughes (2021) have also supported this concept stating that companies with well-documented, clear and proactive background check procedures done in conjunction with another criterion of candidate selection experience enhanced retention rate. It is believed that these organizations are treated more fairly, with a higher level of respect for candidates resulting in higher levels of commitment and retention. This is in line with the conclusion of our analysis which indicated that background checks, when conducted neutrally enhance employee engagement and satisfaction. The findings of the current review are relatively consistent with the other literature on the matter. Wang (2014) and other authors mentioned by Bauer et al. (2014) and Stone-Romero et al. (2003) also confirm that the perceived fairness of the background check procedure is the key determinant of the employee experience. In a study carried out by Bauer et al, it was discovered that conducting job-specific and clearly stated background checks enhances the perception of the candidates about an organization hence improving receptiveness and reducing turnover rates. Likewise, regarding diversity and inclusion, the presented results are also consistent with the literature on structural dynamics excluding minorities and discriminating against them. Pager (2003) and Holzer et al. (2007) have shown that credentialing harms people of colour as well as those with criminal backgrounds in their job searches.

Our findings emphasize the policies for increased diversity in recruitment to alleviate these impacts. Finally, the concept of employee engagement and retention is in tandem with Allen et al. (2003) and Harris & Brown (2021), considering how reliability and lucidity of the hiring process was a major distinct driver of commitment to the company as well as retention for long-term durations.

VI. Conclusion

Where background checks were once a simple administrative task effectively becoming a fundamental part of the process that has the potential to greatly influence employee satisfaction, trust and organizational culture moving forward. Finding out that background checks are not just a formality, or an administrative chore but a point of



contact that sets the tone, this paper, based on key areas like Trust and Transparency, Fairness, Background Check's effect on diversity and inclusion and Employee Experience and Retention suggests that organizations need to pay more attention to the practice. The results of the thematic analysis explain the need to stress the factors that support trust and openness in the background check process. When organizations take steps to make the background check process clear and relevant to the job that an individual is seeking, the situation reduces the chances of employees feeling that employers do not trust them. Those who perceive that the procedure is transparent, especially when they are given a chance to clarify most of the unfavorable observations tend to feel affiliated and engaged hence leading to commitment. As with the case of attitudes towards fairness was identified as another key theme. Whether the process of conducting background checks is fair, or bias-free influences employees' trust in the organization and their experience as per their perception. Fairness does not only increase the level of commitment among employees but also allows for increased retention since employee's self-respect increases where the process is relevant to the employee's job and non-biased. The other finding of the review is on the effect of diversity and inclusion, a factor that is crucial in the current world of work.

Screening Might Unfairly Impact the Targeted Populations In a way that reduces workforce diversity and inclusion, background checks can lock out target demographics with criminal backgrounds. However, the research also found that organizations practicing the fair chance hiring policies or practicing more inclusive procedures of background checking are in a better place to attract and retain diverse talents. Last but not least; employee engagement and retention are impacted right by the background check procedures that are implemented. Workplace organizations that act transparently, fairly, and appropriately on background checks find better employee engagement and superior turnover rates higher rates since the process is seen as part of a holistic approach to organizational fairness and decency.

Implications for Practice

Based on this review, there are several implications that can be made for employers. The first important precondition of the non-penalty effect is transparency and communication in the context of the given background check. Job applicants should also be informed as to why background checks are being conducted and should

be also reminded that checks are limited to issues relevant to jobs. Simply telling the workers how the results will be utilized and letting them elaborate on any of the negative results as well can help in establishing greater trust. Second, equality in the background check process is sacrosanct. Employers should hence ensure that the performance checks do not include any elements of Discrimination, prejudice or stereotype while aiming only at the crucial aspects of performance. However, abilities and tangible equal employment opportunity hiring processes should be undertaken which will provide ex-convicts with an opportunity to explain themselves in order to enhance diversities. Finally, while using background checks as an organizational tool to check and counteract high turnover rates in organizations, especially among the young workforce, these tests should not be used in a parochial method that negates the principles of equity, fairness, and respect for the employees and their Human Rights. Proper and valid background checks make an unpleasant experience for the employee resulting in better loyalty in the long run.

The need cannot be overemphasized; hence, based on results from this research paper, background checks play a fundamental role in influencing the employee journey from attraction to engagement and subsequent retention. Employing organizations should understand the significance of trust, fairness and organizational inclusion in their background check policies to create constructive outcomes for the personnel and to promote organization commitment, engagement, and cohesion. Subsequent studies should shed more light on how emerging social and technological factors like digitalization, and the growing concern for data privacy affect the view and practice of background checks. Moreover, investigations of more particular sector effects, as well as the overall effects on various demographics would contribute to a more efficient design to accommodate the needs of the modern candidates. In this way, background checks are not only useful for performing due diligence but also constitute a key component of the process which defines a positive experience at work for employees.

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